**THE 48th ANNUAL BOYS & GIRLS CROSS COUNTRY**

**FEDERATION CHAMPIONSHIPS**

Saturday, November 20, 2021.

Bowdoin Park, Wappinger Falls, NY.

Girls Race 12:15 AM and Boys Race 1:00 PM

**Meet Director** - Louis Vazquez **Entry Coordinator** – Bob Beer

**Jury of Appeals**: New York State Federation Committee Members:

Louis Vazquez, NYSF, Chuck Wiltse, Marbry Gansle – NYSPHSAA - George Calano - AIS, Green Stemar - PSAL, Bob Beer –Entry Coordinator

**Officials Coordinator** – Ken Kraft -NYS Certified Official

**Site Coordinator** - Steve Arnett, Ken Kraft and Terry Horton

Entries are limited to qualifiers through their association championships and approved by their association chairperson.

**New York State Federation qualifying quotas**:

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| **Association** | **# of automatic teams** | **# of at large teams** | **# of Individuals** |
| **NYSPHSAA** | 9 | **9** | **46** |
| **CHSAA UPSTATE** | 1 |  | **5** |
| **CHSAA** | 4 | **2** | **14** |
| **PSAL** |  |  |  |
| **AIS** | 1 | **1** | **5** |
| **TOTALS** | **15** | **12** | **70** |

The meet director will approve the final selection of at-large teams.

**Course**: 5000 meters (3.1 miles) with varied terrain and surfaces. Spikes are recommended for this course. The course is spectator friendly with a fair start and finish. Opening ceremonies will begin at 11:45 AM. Girl’s race begins at 12:15AM and the boys at 1:00 PM. All athletes should be at the starting line 20 minutes before the start of their race.

**Awards**: Team plaque and seven medals for the first five teams. Top forty individual medals. The awards ceremony will begin shortly after boys’ race and will be located at the parks amphitheater. Results will be posted after each race by the registration tent and posted on most cross-country websites.

**Entry Fees**: Teams - $90 and Individual - $20. Checks, cash or money orders are accepted. We do not accept vouchers or purchase orders. Payments will be accepted at packet-up. All AIS, CHSAA and PSAL entries are submitted through their league chairperson.

Entry Fees are Payable to: **New York State Federation of High School Athletic Association**

**All fees are payable the day of the meet. If you school is mailing a check, please send to:**

NYS XC Federation

c/o Jim Foster

129 Rocky Ridge Road

West Charlton, NY 12010

**Entries**: All entries must be e-mailed in excel format by their league chairperson. Excel format will be provided by Bob Beer. At-large team entries from the NYSPHSAA meet must be emailed to Bob Beer – [Beercoach@aol.com](mailto:Beercoach@aol.com). Faxed entries will not be accepted!

**Tee shirt**: Long Sleeve Nike tee shirts will be on sale Friday and Saturday at the packet pick-up area. $20.00 and only cash will be accepted.

**Packet Pick-up**: Packet pick-up will be located at the parks amphitheater. Packets will be available on Friday at the course from 2:00 PM until 4:00 PM and Saturday from 9:30 AM until 11:00 AM. The course is open on Friday from 1:00 PM until dusk and opens Saturday at 9:30 AM. All athletes will receive a bib number, hip numbers (left & right), meet certificate and any meet instructions. All bib numbers must be worn on the front of the uniform. Please remind your athletes that they must run past the mats at the finish line. No coaches or spectators will be allowed in the finish line area. Coaches are asked to inform their spectators of the parking procedures, spectator areas and sportsmanship responsibilities

**Concession Stand**: – Concession stand will be open on Saturday. Concession stand will be located south of the packet pickup area and across from the finish line area.

**Hotels**:

For the Comfort Suites & Quality Inn contact Leah directly at – 845-765-8668

**Comfort Suites** - $99.00

835 Rt. 52

Fishkill, NY 12524

845-765-8668

**Quality Inn & Suites** - $89.00

849 Rt. 52

Fishkill, NY 12524

845-897-9300

**Marriott Residence Inn Poughkeepsie** - $129.00

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| Here's your reservation link your guests can use to make reservations:  **[Book your group rate for New York State Cross Country Federation High School Championship](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.marriott.com%2Fevents%2Fstart.mi%3Fid%3D1632194170217%26key%3DGRP&data=04%7C01%7Clouis.vazquez%40parks.nyc.gov%7C6721d06e643e41fc60f108d97caeabe4%7C32f56fc75f814e22a95b15da66513bef%7C0%7C0%7C637677911927438447%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=kIn5APzpHkVWbIB8DOsWNV34vResiUuJaLQRDylU1%2F8%3D&reserved=0" \t "_blank" \o "Original URL: https://www.marriott.com/events/start.mi?id=1632194170217&key=GRP. Click or tap if you trust this link.)**  **Courtyard Fishkill - $139/$154 per night**  **[Book your group rate for New York State Cross Country Federation High School Championship](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.marriott.com%2Fevents%2Fstart.mi%3Fid%3D1633019570754%26key%3DGRP&data=04%7C01%7Clouis.vazquez%40parks.nyc.gov%7C33ee3337255d4750cdcc08d984302069%7C32f56fc75f814e22a95b15da66513bef%7C0%7C0%7C637686164524586325%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=XDclrXq9KQwead%2FFf5CW%2B1cMlA8ian7dZBEHdYe8MHM%3D&reserved=0" \t "_blank" \o "Original URL: https://www.marriott.com/events/start.mi?id=1633019570754&key=GRP. Click or tap if you trust this link.)** |
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**Parking**: Admission charge is $10.00 per car and spectator parking will be on the upper grounds of the park. Overflow parking will be placed at offsite areas. Large team buses will be parked on the lower part of the park and should follow directions when entering the park. Small school buses will be parked at a lower level as available. There is no parking on Sheafe Road and tickets may be issued by local police enforcement. We ask all vehicles to follow the directions of the parking crew. Disability parking as directed by staff and may require some walking. Athletes can be dropped off at the main entrance and then walk down to the starting line. Coaches are asked to inform their spectators of the parking procedures, spectator areas and sportsmanship responsibilities.

**Spectator sportsmanship**: All spectators must respect the running lanes and the restraining lines setup on the course and finish line area. The safety and needs of the athletes must be respected. We ask spectators to avoid coming out to the middle of the infield between the starting line area (river side) side and the finish line area. This will provides a clear view of the last 1000 meters for all spectators and coaches.

**LIST TEAMS IN RANK ORDER, REGARDLESS OF CLASS. INCLUDE IN THIS RANKING TEAMS THAT ARE IN THE STATE MEET AND TEAMS THAT ARE NOT IN THE STATE MEET.**

This is important since selection to the Federation Meet is based on ability and each section has teams that would be highly ranked that did not win their section class race. All teams not in the state meet will be ranked at the Friday meeting by a committee. Every coordinator has a responsibility to take part in this ranking procedure.

Final selection is based upon performance in the state meet (the merge) and the Friday rankings of at-large teams. The actual workup of selected teams is based upon the procedure created by Todd James. Coordinators can add more or less than allotted spaces.

**SECTION \_\_\_\_\_\_ Boys \_\_\_\_\_ Girls \_\_\_\_\_**

**Rank Team In State Meet At-Large**

1. **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

3. **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

4. **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

5. **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

6. **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

7.**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

8. **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

9. **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**