

UPDATED TIME SCHEDULE FOR WEEKS 3 and 4

CONFERENCE 1

CONFERENCE 2

CONFERENCE 3

CONFERENCE 4

Division 1A	Division 1B	Division 2A	Division 2B	Division 3A	Division 3B	Division 4A	Division 4B
1 Freeport	8 Oceanside	1 Herricks	8 GNS	1 South Side	8 Bethpage	1 Clarke	8 Seaford
2 Uniondale	9 Westbury	2 Long Beach	9 Elmont	2 Glen Cove	9 VSN	2 VSS	9 Friends
3 Syosset	10 Pt.Washington	3 Mepham	10 GNN	3 Division	10 Floral Park	3 North Shore	10W.Hemsptea
4 Massapequa	11 Baldwin	4 Macarthur	11 Garden City	4 Carey	11 Plainedge	4 Lawrence	11 CSH
5 Farmingdale	12 Plainview	5 Jericho	12 Roslyn	5 Roosevelt	12 Wantagh	5 Island Trees	12 Wheatley
6 Hempstead	13 East Meadow	6 NHP	13 Sewanhaka	6 Hewlett	13 Lynbrook	6 Acad. Charter	13 Oyster Bay
7 Hicksville	14 VSC	7 Calhoun	14 JFK Bellmore	7 Manhasset	14 Mineola	7 Locust Valley	14 E Rockaway
							15 Carle Place

Week: 2

Race #

Time

Teams

Gender

Novice Race:
5:00 PM
JV Race
Boys: 5:15 PM
Girls: 5:20 PM
BETHPAGE

- 1
- 1
- 2
- 2
- 3
- 3
- 4
- 4

- 5:35 PM
- 5:43 PM
- 5:50 PM
- 5:58 PM
- 6:05 PM
- 6:13 PM
- 6:20 PM
- 6:28 PM

- 1-5-9-13
- 1-5-9-13
- 3-7-11-15
- 3-7-11-15
- 4-8-12
- 4-8-12
- 2-6-10-14
- 2-6-10-14

- BOYS
- GIRLS
- BOYS
- GIRLS
- BOYS
- GIRLS
- BOYS
- GIRLS

Mon. Sept 12
Conf 3 + 4

Tue. Sept 13
Conf 1 + 2

Week: 3

Race #

Time

Teams

Gender

Novice Race:
5:00 PM
JV Race
Boys: 5:15 PM
Girls: 5:20 PM
BETHPAGE-5K

- 1 + 2
- 1 + 2
- 3 + 4
- 3 + 4

- 5:35 PM
- 5:43 PM
- 5:50 PM
- 5:58 PM

- 1-2-3-4 + 5-6-7-8
- 1-2-3-4 + 5-6-7-8
- 9-10-11-12 + 13-14-15
- 9-10-11-12 + 13-14-15

- BOYS
- GIRLS
- BOYS
- GIRLS

Mon. Sept 19
Conf 2 + 3

Tue. Sept 20
Conf 1 + 4

Week: 4

Race #

Time

Teams

Gender

Novice Race:
5:00 PM
JV Race
Boys: 5:15 PM
Girls: 5:20 PM
EISENHOWER

- 1 + 2
- 1 + 2
- 3 + 4
- 3 + 4

- 5:45 PM
- 5:48 PM
- 5:55 PM
- 5:58 PM

- 1-8-10-15 + 4-5-11-14
- 1-8-10-15 + 4-5-11-14
- 3-6-12-13 + 2-7-9
- 3-6-12-13 + 2-7-9

- BOYS
- GIRLS
- BOYS
- GIRLS

Wed. Sept 28
Conf 1 + 3

Thu. Sept 29
Conf 2 + 4

Week: 5

Race #

Time

Teams

Gender

Novice Race:
5:00 PM
JV Race
Boys: 5:15 PM
Girls: 5:20 PM
BETHPAGE

- 1 + 2
- 1 + 2
- 3 + 4
- 3 + 4

- 5:35 PM
- 5:43 PM
- 5:50 PM
- 5:58 PM

- 4-7-10-13 + 2-5-12-15
- 4-7-10-13 + 2-5-12-15
- 3-8-9-14 + 1-6-11
- 3-8-9-14 + 1-6-11

- BOYS
- GIRLS
- BOYS
- GIRLS

Mon. Oct 3
Conf 3 + 4

Thu. Oct 6
Conf 1 + 2

WEEKS 3 and 4 are changes to the original time schedule

Weeks 2 and 5 are the same