



*1<sup>st</sup> Annual Bethpage Blazing Relays*  
*Tuesday, May 28, 2019*  
*6:15 PM Start*

Come join us for the inaugural Bethpage Blazing Relays! This meet will focus on running fast relays in the championship portion of our season. The goal is to create a prestigious meet that will attract teams from all over the island with the idea of dropping blazing fast times. Our beautiful facility at Bethpage High School has stadium lighting, which is the perfect setting for an evening meet late in the season. There will be FIVE relay events, with FAT, and you can bring athletes for any of the following reasons:

- FAST times and fast competition
- Improve your State meet seeds
- Hit a New Balance Nationals qualifying time
- Tune up race before State Qualifiers
- Allow athletes who didn't make State Qualifiers to run one more race for personal bests

**ENTRIES ARE DUE BY FRIDAY, MAY 25!**

**Entry Fee**

\$35 per relay OR \$100 for blanket entry per team (\$200 for Boys and Girls combined)

**Make checks payable to:**

Bethpage High School  
ATTN: Athletic Office, Bethpage Blazing Relays  
10 Cherry Ave.  
Bethpage, NY 11714

**Meet Director:** Jim Ravener (516) 974-1897 or email: [james.ravener@gmail.com](mailto:james.ravener@gmail.com)

Please contact me with any questions.

## **2019 Bethpage Blazing Relays Order of Events**

**Girls followed by Boys**

**Clerking begins at 5:45**

**First event starts at 6:15**

**Athletes can compete in any 2 events**

**All events are final on time**

**Teams must supply their own batons**

**4x400 Girls (3 entries per team allowed)**

**4x400 Boys (3 entries per team)**

**4x800 Girls (3 entries per team)**

**4x800 Boys (3 entries per team)**

**4x100 Girls (3 entries per team)**

**4x100 Boys (3 entries per team)**

**DMR Girls (1 entry per team)**

**DMR Boys (1 entry per team)**

**Texas Sprint Medley Girls (1 entry per team) 100-100-200-400**

**Texas Sprint Medley Boys (1 entry per team) 100-100-200-400**

### **Awards**

Top team in each event will receive an engraved baton! Top 3 teams will receive medals!

### **Merchandise**

We will be selling T-shirts and sweatshirts at the meet.

### **Concessions**

Food and drink will be available for purchase at the meet

**1<sup>st</sup> Annual Bethpage Blazing Relays Registration**  
**Bethpage High School**  
**Tuesday, May 28<sup>th</sup>, 2019**

School: \_\_\_\_\_

**\*\*All entries must be entered on ny.Milesplit.com! This will streamline the clerking in process and avoid using labels and index cards\*\***

Option #1

Blanket Entry (Circle One)	Boys Only \$100	Girls Only \$100	Boys and Girls \$200
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\*\*If choosing the blanket entry, please indicate the total number of relays below that you intend on running.

Option #2

# of 4x400 Girls relays	_____	x	\$35	=	_____
# of 4x400 Boys relays	_____	x	\$35	=	_____
# of 4x800 Girls relays	_____	x	\$35	=	_____
# of 4x800 Boys relays	_____	x	\$35	=	_____
# of 4x100 Girls relays	_____	x	\$35	=	_____
# of 4x100 Boys relays	_____	x	\$35	=	_____
DMR Girls (1 entry)	_____	x	\$35	=	_____
DMR Boys (1 entry)	_____	x	\$35	=	_____
Texas Sprint relay Girls (1)	_____	x	\$35	=	_____
Texas Sprint relay Boys (1)	_____	x	\$35	=	_____

**Total =** \_\_\_\_\_

*The cost of officials will be split between competing Nassau County Schools and billed through BOCES.*

Coach: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

