

# The Oceanside Blue & White Meet



Friday, April 12, 2019  
@ Oceanside H.S.

**Time:** Clerking begins at 4:15 PM, first event at 4:30 PM  
**Seeding:** Three-event limit. Verbal Seeding. CARDS FOR RELAYS AND FIELD EVENTS!  
**Awards:** Medals to top 6 individual. Top Three Relays.  
**Equipment:** Starting blocks and spikes acceptable. Please supply your own relay baton.

**Event information:**

- The high jump will start at 3'10" for girls and 4'10" for boys.
- Pole vault will start at 6'0 for girls and 8'0 for boys.

**Food:** Will be on sale the day of the meet.  
**Please support the Oceanside Track Club!!**

**Entry Fees:** **Blanket entry:** \$160 per team, plus the cost of officials.  
Or individual entry of \$5 per event; \$20 per relay.  
Official costs will be split between schools and billed through BOCES.

\*Each school is expected to bring a supervisor

**Entry Due:** Please fill out entry information and send to:

Oceanside High School  
c/o Kevin Carbonetti  
3160 Skillman Ave  
Oceanside, NY 11572  
Fax: (516) 678-8595

**Make checks/ P.O.'s payable to: *Sailors Track and Field Parent's Association***

# The Oceanside Blue & White Meet

School \_\_\_\_\_

Athletic Department Phone \_\_\_\_\_

## **Total Team Entry**

Please circle one:

Boys	Girls
\$160	\$160

Or

## **Individual Entry**

Total number of individuals at \$5 each: \_\_\_\_\_

Total number of relays at \$20 each: \_\_\_\_\_

Total Entry: \$ \_\_\_\_\_

Coach: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

# The Oceanside Blue & White Meet



Friday, April 12, 2019  
4:30 @ Oceanside H.S.

## **Order of Events:**

400 IH Girls  
400 IH Boys  
1500 Meter Run  
1600 Meter Run  
100 Meter Girls  
100 Meter Boys  
400 Meter Girls  
400 Meter Boys  
100 Meter Hurdles  
110 Meter Hurdles  
800 Meter Girls  
800 Meter Boys  
200 Meter Girls  
200 Meter Boys  
3000 Meter Run  
3200 Meter Run  
Girls Texas Sprint Relay (100-100-200-400)  
Boys Texas Sprint Relay (100-100-200-400)  
Girls 4x800 Meter Relay  
Boys 4x800 Meter Relay

## **Field Events:**

Girls Shot followed by Boys Shot  
Boys Discus followed by Girls Discus  
Pole Vaulters together as height increases (start at 6')  
Girls High Jump followed by Boys High Jump  
Boys Long Jump followed by Girls Long Jump  
Boys Triple Jump Followed by Girls Triple Jump

# The Oceanside Blue & White Meet

Meet Records since the meet was rebooted in 2016

<b><u>BOYS RECORDS</u></b>			<b><u>GIRLS RECORDS</u></b>		
400m	<b>51.1</b>	<b>Malcolm Livingston</b> Roosevelt	400m	<b>60.2</b>	<b>Dana Dipaoli</b> Valley Stream North
800m	<b>1:58.7</b>	<b>Joe Tesoriero</b> Massapequa	800m	<b>2:30.9</b>	<b>Dana Dipaoli</b> Valley Stream North
1600m	<b>4:38.1</b>	<b>Matt Ronan</b> Massapequa	1500m	<b>5:16.6</b>	<b>Christina Moran</b> Oceanside
3200m	<b>9:54.7</b>	<b>Elias Platanias</b> Calhoun	3000m	<b>11:27.7</b>	<b>Brianna Lopez</b> Baldwin
400mH	<b>58.6</b>	<b>Russell Johnson</b> Baldwin	400mH	<b>1:15.7</b>	<b>Karla Olazabal</b> Oceanside
100m	<b>10.6</b>	<b>Corey Bull</b> Roosevelt	100m	<b>12.4</b>	<b>Emily Martino</b> Valley Stream North
200m	<b>22.3</b>	<b>Sean Wissman</b> Massapequa	200m	<b>25.7</b>	<b>Emily Martino</b> Valley Stream North
110mH	<b>14.4</b>	<b>Anthony Romeo</b> Oceanside	100mH	<b>16.0</b>	<b>Tyesha Irving</b> Valley Stream North
HJ	<b>6'4</b>	<b>Benjamin Ross</b> Baldwin	HJ	<b>5'2</b>	<b>Angeli Andre</b> Valley Stream North
PV	<b>12'0</b>	<b>Brian Moody</b> Massapequa	PV	<b>6'6</b>	<b>Eve Moelis</b> Lynbrook
SHOT	<b>49'3</b>	<b>Steve Urli</b> Massapequa	SHOT	<b>36'6.5</b>	<b>Juel Charles</b> Valley Stream North
DISC	<b>159'2</b>	<b>Danny Diaz</b> New Hyde Park	DISC	<b>92'9</b>	<b>Kennedy Williams</b> New Hyde Park
LJ	<b>21'2</b>	<b>Tyler John</b> Valley Stream North	LJ	<b>17'6</b>	<b>Angeli Andrew</b>
TJ	<b>43'3.5</b>	<b>Tyler John</b> Valley Stream North	TJ	<b>32' 6"</b>	<b>Tiara Mcdougle</b> Valley Stream South