

**SECTION VIII, NYSPHSAA BOYS & GIRLS CROSS COUNTRY
2021 OVERVIEW
Points of Emphasis**

Section 8 Cross-Country consists of 56 competing teams

The breakdown of the divisions, conferences and counties are divided equally based on the enrollment in Nassau County.

Weekday league competitions determine the division, and conference team champions based on their win-loss record.

The Class County Championship (Saturday April 17th), is divided into three equal sections (I, II, III) based on Nassau County enrollment numbers. As per last year, there will be three separate races per gender (Class County Championship), which will determine the winner of each section. In an effort to provide competitive equality, three equal sections were viewed as the most effective way to compete for a class county title. This is consistent with the current model used in the winter and spring track seasons.

Due to COVID-19 the NY State Championships was cancelled and therefore we are attempting to have a Long Island Championship with Section 11 between Saturday April 21-24 depending on Parks and Section 11's availability.

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Girls Coordinator: Neal Levy Boys Coordinator: Adam McKenzie

Conferences and Divisions are aligned by enrollment.

Conference league meets during the week decide the Conference and Division Championships.

Saturday April 17th

Class County Championships: The County is divided into 3 equal classes: (3 separate races per gender)

County 1: Uniondale-Garden City County 2: VSC-Lynbrook County 3: Floral Park-East Rockaway

Saturday April 24th

Long Island Championship: The County is divided as per NYS classification: (Separate races will be run as per state class)

Qualification for the Long Island Championship for teams and individuals will come from the Class County Championship.

Class A: Syosset-Jericho Class B: Carey-Friends Class C: Cold Spring Harbor-East Rockaway

CONFERENCE 1

CONFERENCE 2

CONFERENCE 3

CONFERENCE 4

Division 1A	Division 1B	Division 2A	Division 2B	Division 3A	Division 3B	Division 4A	Division 4B
1 Uniondale	8 Pt.Washington	1 Mephram	8 Calhoun	1 South Side	8 Roosevelt	1 North Shore	8 Locust Valley
2 Freeport	9 Hicksville	2 Long Beach	9 GNN	2 Manhasset	9 Bethpage	2 Lawrence	9 Wheatley
3 Syosset	10 Plainview	3 GNS	10 Sewanhaka	3 Glen Cove	10 Lynbrook	3 Wantagh	10 Friends
4 Massapequa	11 Westbury	4 MacArthur	11 Jericho	4 VSN	11 Floral Park	4 Clarke	11 CSH
5 Farmingdale	12 Baldwin	5 Garden City	12 Carey	5 Division	12 VSS	5 Island Trees	12 Oyster Bay
6 Oceanside	13 East Meadow	6 VSC	13 Elmont	6 Hewlett	13 Mineola	6 Seaford	13 Carle Place
7 Hempstead	14 Herricks	7 N.Hyde Park	14 JFK Bellmore	7 Roslyn	14 Plainedge	7 W.Hempstead	14 East Rock

Week 1	Week 2	Week 3	Week 4	Week 5
1-7-12-14	1-8-10	1-5-9-13	1-2-3-4	1-6-11
2-8-11-13	2-7-9	2-6-10-14	5-6-7-8	2-5-12
3-5-10	3-6-12-13	3-7-11	9-10-11-12	3-8-9-14
4-6-9	4-5-11-14	4-8-12	13-14	4-7-10-13

<u>Week 1:</u>	<u>Week 2:</u>	<u>Week 3:</u>	<u>Week 4:</u>	<u>Week 5:</u>
Tue March 9 Conf 1	Mon March 15 Conf 1	Mon March 22 Conf 2	Mon March 29 Conf 4	Tue April 6 Conf 1
Wed March 10 Conf 2	Tue March 16 Conf 2	Tue March 23 Conf 4	Tue March 30 Conf 1	Wed April 7 Conf 2
Thu March 11 Conf 4	Wed March 17 Conf 3	Wed March 24 Conf 1	Wed March 31 Conf 2	Thu April 8 Conf 3
Fri March 12 Conf 3	Thu March 18 Conf 4	Thu March 25 Conf 3	Thurs April 1 Conf 3	Fri April 9 Conf 4

Times of races and schedule with team names will be available after coaches meeting at the beginning of the season.

Boys and Girls teams compete on the same day, same site.

Rain dates will be run on the next available date.

Schools are limited to two competitions each calendar week. 6 days of practice are required before the first competition.

Schools are responsible to complete their league schedules.

All league meets are at Eisenhower State Park and start at 4:25 PM with a Novice Race, 4:40 with a JV race, and Varsity thereafter

Class County Champs Sat April 17th - Eisenhower Park
Long Island Championship Sat. April 24th - Eisenhower Park

The Sundays after the Class County and Long Island Championship will be used as backup days for adverse weather conditions. In the event the weather or course conditions are not adequate for the Class County Championship, or the Long Island Championship on either the Saturday's as listed or the back-up Sunday, then the competition(s) will need to be held during the following week. This would require athletes missing a portion of the school day due to time and daylight issues. If Eisenhower Park is not available due to course conditions, then an alternate site will be considered.