**101st Port Washington Invitational**

**Presented by Port Washington Union Free School District**

Friday, May3rd, 2019 4:30pm

**Location:** Port Washington High School, 4:30pm

**Clerking:** Will begin at 4:15pm

**Entries:** Entry due date is Monday, April 29, 2019.

**NO ENTRIES WILL BE ACCEPTED THE DAY OF THE MEET.**

The fee is an entry fee and not a participation fee. Once an entry is accepted, the entry fee **must** follow.

**Eligibility: Unlimited** entries for each open event**.** Each athlete is **limited to 2 events** in total (running and field combined).

**Relays:** Relays are limited to **two teams** per school. **4x800 will run based on the amount of entries**

**Invitational Events:** The following events are considered invitational events; **200m Dash, 1500/1600m.**

**Entry Fees: *$175.00 boys, $175.00 girl’s team or $325.00 combined team,*** plus the cost of timing and one official per team. Officials will be split between Section VIII schools and billed through BOCES.

**Individuals:** $8.00 per event. **Relays:** $20.00 per event or use the blanket entry

**Awards:** Medals will be given to the top **four** finishers in all individual events.

Medals will be given to the top **three** teams in all relay events.

Plaques will be given to the **winner of the invitational 200m dash & 1500/1600m.**

**All coaches who wish to have athletes considered for invitational events must pre seed. Please send all seeds to Jeremiah Pope & Arnold Donado at** [portwashingtontf@gmail.com](mailto:portwashingtontf@gmail.com) Teams are limited to a **3 athlete maximum** in invitational events. Field size is listed below. Meet management reserves the right to adjust the number of competitors in the invitational events**. Questions, please contact** Jeremiah Pope at (516) 417-0055 or [portwashingtontf@gmail.com](mailto:portwashingtontf@gmail.com)

**200m Dash** *12 athletes will be accepted*

**1500/1600** *15 athletes will be accepted*

**Field Events:** **Boys Opening Heights Girls Opening Heights**

High Jump 5’ 0” High Jump 4’2”

Pole Vault 8’ Pole Vault 6’0”

**In the shot put, discus, long and triple jump: all of the first jumps and throws will be measured. After that only those over the following distances will be measure:**

**Boys Standards Girls Standards**

Long Jump 16’0” 13’0”

Triple Jump 36’0” 27’0”

Shot Put 33’0” 22’0”

Discus 85’0” 60’0”

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**Please list below the number of athletes and relays that your team will be competing in. All athletes must be seeded online @ www.just-in-time-racing.com**

**Track Order of Events**

Boys Texas SMR \_\_\_

Girls Texas SMR \_\_\_

Boys 400IH \_\_\_

Girls 400IH \_\_\_

**Port Youth 55m**

Boys 100m Dash \_\_\_

Girls 100m Dash \_\_\_

Boys 800m Dash \_\_\_

Girls 800m Dash \_\_\_

Boys 400m Dash \_\_\_

Girls 400m Dash \_\_\_

Boys 110HH \_\_\_

Girls 100HH \_\_\_

**Port 5th Grade 4x100**

**Invitational Boys 1600m** \_\_\_

**Invitational Girls 1500m** \_\_\_

**Invitational Boys 200m \_\_\_**

**Invitational Girls 200m\_\_\_**

Boys 4x800m \_\_\_

Girls 4x800m \_\_\_

Boys 4x400m \_\_\_

Girls 4x400m \_\_\_

Boys 4x100m \_\_\_

Girls 4x100m \_\_\_

**Field Order of Events**

\_\_\_Girls Shot – followed by Boys Shot Put\_\_\_

\_\_\_Boys Discus – followed by Girls Discus\_\_\_

\_\_\_Girls Long Jump – followed by Boys Long Jump\_\_\_

\_\_\_Girls Triple Jump – followed by Boys Triple Jump\_\_\_

\_\_\_Boys High Jump – followed by Girls High Jump\_\_\_

\_\_\_Boys Pole Vault – followed by Girls Pole Vault\_\_\_

**Port Washington UFSD**

101st Annual Port Washington Invitational

Entry Form

NAME OF SCHOOL:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

SCHOOL ADDRESS: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

SCHOOL PHONE: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

TEAM ENTERED: Boys \_\_\_\_\_\_\_\_\_\_\_\_ Girls \_\_\_\_\_\_\_\_\_\_ Both \_\_\_\_\_\_\_\_\_\_

**BOYS COACH**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

PHONE: DAY \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_EVENING\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

E-MAIL: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

ASST. COACH: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**GIRLS COACH**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

PHONE: DAY \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_EVENING\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

E-MAIL: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

ASST. COACH: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

BOYS ENTRY $175 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

GIRLS ENTRY $175 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

BOTH ENTRIES $325 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

INDIVIDUAL ENTRIES $8 per event \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

RELAYS $20 per team \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**TOTAL** $ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Athletic Director’s Signature P.O. #

Please send completed entries by mail or fax to:

Schreiber High School

C/O Jeremiah Pope & Arnold Donado

101 Campus Drive

Port Washington, NY 11050

PHONE NUMBER: (516) 767-5990

FAX NUMBER: (516) 767-5994

Please make checks payable to: **Port Washington UFSD**